

Out of Hours Kids' Club Ltd

SNACK MENU

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|--|---|---|--|--|
| WEEK 1 | Pasta with bolognaise sauce Tuna mayo or cheese Fromage frais | Toasted bagel (V) Scone (V) Malt loaf (V) Low fat spread Fruit | Toast with either Beans or Spaghetti Low fat spread Fromage frais | Wraps With a choice of Ham, tuna or cheese. Lettuce Cucumber Fromage frais | Sandwiches with cheese, chicken or ham. Cucumber Peppers Fromage frais |
| WEEK 2 | Dips, carrot batons, peppers, cucumber sticks, tortilla chips & pitta slices Fruit (seasonal variety) (3) | White/brown barmes Fillings -any 3 of these; Chicken / Tuna / Tuna mayonnaise / Cheese Cucumber Fromage frais | Wraps With a choice of Ham, tuna or cheese. Lettuce Cucumber Fromage frais | Hot dogs & chips Fromage frais | Cheese & tomato pizza Or pepperoni pizza Garlic Bread Cucumber Fromage frais |
| WEEK 3 | Toast with either Beans or Spaghetti Low fat spread Fromage frais | Pasta with either Tuna mayonnaise Tuna Cheese (V) Fromage frais | White/brown barmes Fillings -any 3 of these; Chicken / Tuna / Tuna mayonnaise / Cheese Cucumber Fromage frais | Dips, carrot batons, cucumber sticks, tortilla chips, pitta slices Fromage Frais | Toasted bagel (V) Scone (V) Malt loaf (V) Low fat spread Seasonal Fruit |

Out of Hours Kids' Club Ltd

SNACK MENU

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|--|--|---|--|
| WEEK 4 | Pasta with bolognaise sauce Tuna mayo or cheese Fromage frais various flavours | Chicken, cheese or Tuna Mayo Pitta pockets Lettuce Cucumber Fruit | Toast with either Beans or Spaghetti Low fat spread Fromage frais various flavours | Wraps With a choice of Ham, tuna or cheese. Lettuce Cucumber Fromage frais various flavours | Sandwiches with cheese, chicken or ham. Cucumber Peppers Fromage frais various flavours |
| WEEK 5 | Cheese & tomato pizza Or pepperoni pizza Garlic Bread Cucumber Fruit (seasonal variety) (3) | White/brown barmes Fillings -any 3 of these; Chicken / Tuna / Tuna mayonnaise / Cheese Cucumber Fromage frais various flavours | Dips, carrot batons, cucumber sticks, tortilla chips, pitta slices Fromage Frais | Wraps Cheese, Tuna, chicken Fromage frais various flavours | Chicken or Beef Burger Cheese slice optional Lettuce Tomato Cucumber Fruit |

